

PSORIATIC ARTHRITIS

Psoriatic arthritis is a painful, chronic inflammatory disease characterised by

PAIN, STIFFNESS, SWELLING & TENDERNESS OF THE JOINTS, inflammation of specific ligaments & tendons, **& DECREASE IN PHYSICAL FUNCTIONING¹**

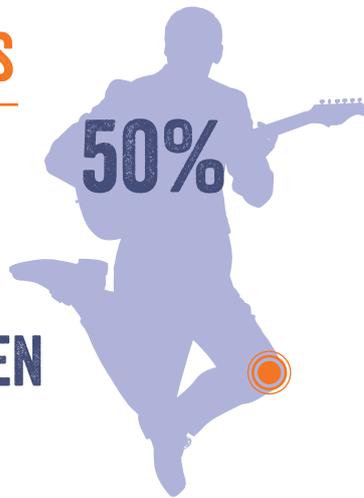


PSORIATIC ARTHRITIS FACTS



50%

AFFECTS MEN & WOMEN EQUALLY¹



50%

Average age of onset is between

30-50 YEARS OLD¹

Psoriatic arthritis can occur in people **WITHOUT SKIN PSORIASIS²**

UNDER-RECOGNISED & UNDERDIAGNOSED

Psoriatic arthritis can be **CHALLENGING TO DIAGNOSE;** presented symptoms are often similar to those of other types of arthritis^{3,4,5}



The connection between skin & joint symptoms is often under-recognised, leading to a **DELAY BETWEEN SYMPTOM ONSET & DIAGNOSIS⁶**

PSYCHOLOGICAL & EMOTIONAL EFFECT

Patients with psoriasis & psoriatic arthritis have a **SIGNIFICANT DECREASE IN QUALITY OF LIFE** compared with those with psoriasis alone⁷

People with psoriatic arthritis can have **SIGNIFICANTLY MORE ANXIETY & DEPRESSION** than those with psoriasis alone⁸

17.7% OF PEOPLE with psoriatic arthritis & **6.7%** OF PEOPLE with psoriasis suffer from **ANXIETY & DEPRESSION⁸**



1. Gottlieb A et al. Guidelines of care for the management of psoriasis and psoriatic arthritis: Section 2. Psoriatic arthritis: overview and guidelines of care for treatment with an emphasis on the biologics. *J Am Acad Dermatol*. 2008;58:851-864. 2. American College of Rheumatology. Psoriatic arthritis. Available from: https://www.rheumatology.org/Practice/Clinical/Patients/Diseases_And_Conditions/Psoriatic_Arthritis/. Last accessed: January 2015. 3. Gladman DD et al. Psoriatic arthritis: epidemiology, clinical features, course, and outcome. *Ann Rheum Dis*. 2005;64(suppl 2):ii14-ii17. 4. Helliwell PS et al. Sensitivity and specificity of plain radiographic features of peripheral enthesopathy at major sites in psoriatic arthritis. *Skeletal Radiol*. 2007;36(11):1061-1066. 5. Brent LH. Inflammatory arthritis: an overview for primary care physicians. *Postgrad Med*. 2009;121(2):148-162. 6. Lebowitz MG et al. Patient perspectives in the management of psoriasis: Results from the population-based multinational assessment of psoriasis and psoriatic arthritis survey. *J Am Acad Dermatol*. 2014; 70(5): 871-81. 7. Rosen C et al. Patients with psoriatic arthritis have worse quality of life than those with psoriasis alone. *Rheumatology (Oxford)*. 2012;51(3):571-576. 8. McDonough E et al. Depression and Anxiety in Psoriatic Disease: Prevalence and Associated Factors. *J of Rheumatol*. 2014, doi: 10.3899/jrheum.130797